



PRICE LIST - KOOL FOR SCHOOL COMPLIANT

www.sweetsfromtheearth.com • (647) 436-2004 • info@sweetsfromtheearth.com

| PRODUCT | FORMAT | | PRICE / CASE | | STORAGE & SHELF LIFE | | |
|---------------------------------------------------------------------------------------------------------------|--------------------|----------------------|------------------|------------------|----------------------|---------------------|------------------|
| | WEIGHT | UNITS/CASE | BULK | WRAPPED | FREEZER | REFRIGERATOR | ROOM TEMP |
| SOFT-BAKED COOKIES | | | | | | | |
| OATMEAL*, OATMEAL CRANBERRY*, OATMEAL RAISIN*, CHOCOLATE CHIP | 40 g | 84 | N/A | 53.72 | 9 MONTHS | N/A | 3 DAYS** |
| ULTIMATE OATMEAL BISCUITS | | | | | | | |
| ULTIMATE OATMEAL*, ULTIMATE OATMEAL CRANBERRY*, OATMEAL SPICED CARROT CRISP*, ULTIMATE OATMEAL CHOCOLATE CHIP | 30 g | 84 | N/A | 41.16 | 9 MONTHS | N/A | 6 MONTHS** |
| MUFFINS - BAKED | | | | | | | |
| APPLE CINNAMON*, BANANA*, BLUEBERRY*, CARROT*, LEMON CRANBERRY*, PUMPKIN*, OATMEAL CHOCOLATE CHIP | 56 g | 48 | N/A | 31.68 | 9 MONTHS | 14 DAYS | 6 DAYS** |
| MUFFIN BATTER (SCOOP & BAKE) | | | | | | | |
| APPLE CINNAMON*, BANANA*, BLUEBERRY*, CARROT*, PUMPKIN*, OATMEAL CHOCOLATE CHIP | 1.8 kg | 1 | 10.99 | | 9 MONTHS | 3 DAYS | N/A |
| | 7.5 kg | 1 | 42.50 | | 9 MONTHS | 3 DAYS | N/A |
| WHOLE GRAIN SCONES | | | | | | | |
| BLUEBERRY*, CRANBERRY*, CINNAMON* | 40 g | 64 | N/A | 32.31 | 9 MONTHS | N/A | 1 day** |
| BARs | | | | | | | |
| BANANA OAT BAR* | 40 g | 100 | 56.00 | | 9 MONTHS | N/A | 3 DAYS** |
| CRISPY RICE BAR* | 28 g | 55 | 33.00 | | 9 MONTHS | N/A | 3 DAYS** |
| FUDGY BROWNIE | 50 g | 60 | 36.00 | | 9 MONTHS | N/A | 3 DAYS** |
| SUPERFOOD BARS | | | | | | | |
| BLUEBERRY*, CRANBERRY*, APPLE*, CHOCOLATE CHIP | 30 g | 128 | 68.50 | | 9 MONTHS | N/A | 4 MONTHS |
| BREAD | | | | | | | |
| WHOLE WHEAT APPLE CURRANT FLATS* | 40 g | 48 | N/A | 24.00 | 9 MONTHS | N/A | 2 DAYS |
| WHOLE WHEAT MINI BAGELS* | 40 g | 48 | N/A | 23.04 | 9 MONTHS | N/A | 2 DAYS |
| WHOLE WHEAT APPLE CINNAMON MINI BAGELS | 50 g | 36 | N/A | 24.00 | 9 MONTHS | N/A | 2 DAYS |
| WHOLE WHEAT PARBAKED PIZZA CRUST* | 85 g | 36 | N/A | 27.72 | 9 MONTHS | N/A | 2 DAYS |
| WHOLE WHEAT PANCAKE BATTER* (fruit sweetened) | 1.8 kg | 1 | 12.50 | N/A | 9 MONTHS | 3 DAYS | N/A |
| WHOLE WHEAT PANCAKE BATTER* (fruit sweetened) | 7.5 kg | 1 | 49.50 | N/A | 9 MONTHS | 3 DAYS | N/A |
| GRANOLA | 1 kg SINGLE | 1 kg x 6 CASE | 4 kg PAIL | 15 kg BOX | FREEZER | REFRIGERATOR | ROOM TEMP |
| PLAIN* | 8.40 | 46.50 | 31.00 | 99.75 | N/A | N/A | 6 MONTHS** |
| WITH FRUIT* | 9.20 | 51.95 | 34.95 | 113.50 | N/A | N/A | 6 MONTHS** |
| TRAIL MIX & SEEDS | | | | | | | |
| TRAIL MIX | 30g | 128 | N/A | 72.32 | N/A | N/A | 6 MONTHS** |
| PUMPKIN SEEDS | 30g | 128 | N/A | 92.16 | N/A | N/A | 6 MONTHS** |

BIRTHDAY CAKES AND CUPCAKES (NOT COMPLIANT)

Various flavours and frostings – please inquire about our specialty cakes.

* Student Nutrition Program approved | ** Air tight container | BAKED IN A DAIRY, EGG, SESAME, PEANUT AND TREE NUT FREE FACILITY.





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MADE WITH GLUTEN-FREE INGREDIENTS

All items will be prepared once a week in our dairy, egg, sesame, peanut and tree nut free bakery, using dedicated utensils and baking trays, after a full sanitization of the facility. Items will have declaration that they are produced in a facility that uses wheat and gluten, and may have traces of wheat and/or gluten.

| PRODUCT | FORMAT | | PRICE / CASE | STORAGE & SHELF LIFE | | |
|---------------------------|--------|------------|--------------|----------------------|--------------|-----------|
| | WEIGHT | UNITS/CASE | | FREEZER | REFRIGERATOR | ROOM TEMP |
| SOFT-BAKED COOKIES | | | | | | |
| | WEIGHT | UNITS/CASE | WRAPPED | FREEZER | REFRIGERATOR | ROOM TEMP |
| OATMEAL* | 40 g | 25 | 20.50 | 9 MONTHS | N/A | 2 DAYS** |
| MUFFINS - BAKED | | | | | | |
| | WEIGHT | UNITS/CASE | WRAPPED | FREEZER | REFRIGERATOR | ROOM TEMP |
| CARROT* | 56 g | 25 | 31.68 | 9 MONTHS | 3 DAYS | 1 DAY** |
| MUFFIN BATTER | | | | | | |
| | WEIGHT | UNITS/CASE | BULK | FREEZER | REFRIGERATOR | ROOM TEMP |
| CARROT* | 1.8kg | 1 | 13.40 | 9 MONTHS | 3 DAYS | 1 DAY** |
| | 7.5kg | 1 | 49.75 | 9 MONTHS | 3 DAYS | 1 DAY** |
| BARs | | | | | | |
| | WEIGHT | UNITS/CASE | BULK | FREEZER | REFRIGERATOR | ROOM TEMP |
| CRISPY RICE BAR* | 28 g | 55 | 33.00 | 9 MONTHS | N/A | 3 DAYS** |

Free delivery subject to minimum order determined by delivery location.

* Student Nutrition Program approved | ** Air tight container



Last updated: 2022-08-04