



Newsletter

Spring 2017

New programs are opening and more Student Nutrition Programs (SNPs) are feeding students across Toronto than ever before! Let's see what new things have been *sprouting* in SNPs across the city.

Toronto City Council Votes 'yes' to Supporting Student Nutrition Programs!

The City of Toronto has approved \$2.2 million in new funding for Student Nutrition Programs (SNPs) in Toronto. We're happy to share that the 2017 City Budget includes a total of \$12,235,979 to help SNPs serve healthy food and operate more days during the week.

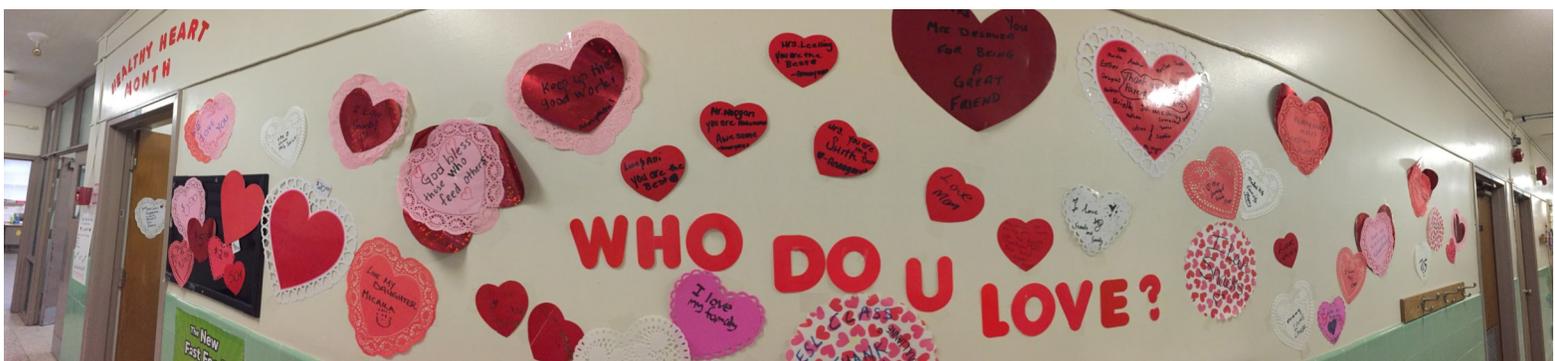
Student Nutrition Toronto is so pleased to have Toronto's City Council's support in nourishing students across our city.



Holy Spirit C.S.'s Healthy Heart Month Fundraiser

Throughout the month of February, Holy Spirit Catholic School brought the whole school community together to support their Student Nutrition Program (SNP) through their Healthy Heart Month Fundraiser. Students were able to purchase paper hearts to get their names entered into weekly prize draws, a hot lunch was served, and parents contributed donations to the program. All prizes were donated by community partners, and any family that donated \$20 or more was automatically entered into a draw for a chance to win a family dinner and movie night for four.

With a goal to raise \$2,000 for their SNP, the school went above and beyond, raising a total of \$4,800! Thank you to everyone who donated and to the amazing SNP Team, Staff, Students and Parents at Holy Spirit C.S.



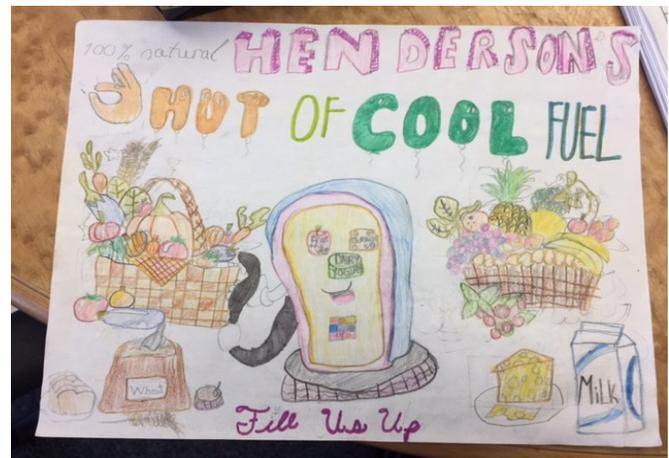
Getting to Know Morrish Public School's SNP

At Morrish Public School, the Student Nutrition Program brings healthy food to students each day, but it doesn't stop there. Principal Arif Nathoo's students tell him that ever since they tried new foods at the SNP they eat healthy snacks at home. Principal Nathoo thinks that having the students eat together at school has had a positive impact on the types of healthy foods they are willing to try. When they see their friends eating something they have never had before, they are more open to trying it for themselves.

Morrish P.S. also uses the SNP as a learning opportunity for students. This year, each class was asked to come up with a name for their SNP, which brought some great ideas like Snack Attack, Magic Munch, and Morrish Munch 'n Crunch. The list of names was narrowed down to the top six and students were able to vote for their favourite, deciding on Morrish's Cool Fuel.



Now, students will be drawing up some potential logos and the winning sketch will become the school's official SNP logo. Principal Nathoo sees this as a great way for students to learn about the outside world, about branding and marketing, and about voting and having their voices heard. What a wonderful example of how students can impact their school's SNP and make it their own.



Real Canadian Wholesale Club SNP Program Testimonial Video



Nothing makes us happier than when we see SNPs benefitting from programs and partnerships we've developed to offer them support. We recently had the chance to sit down with a few Program Coordinators to hear what they had to say about their experiences with the Real Canadian Wholesale Club SNP Program. Follow the link below to watch a short video and hear what they had to say!

<https://www.youtube.com/watch?v=HSMFYTPZ6vU>

Community Development Workshops to Support Student Nutrition

Did you know that your Community Development Animators offer a variety of workshops to support the coordinators and volunteers who devote so much of their time to making Student Nutrition Programs (SNPs) a success? Throughout the school year, we offer workshops on different topics, hosted at different locations across the city and we welcome you to join us.

Many elements are taken into consideration when we sit down to plan workshops. This includes the feedback we receive through the evaluation forms made available at the workshops themselves, as well as the observations we make, and conversations we have during our regular visits to your programs. We encourage you to share your challenges, concerns and questions with us. The information we collect guides us in planning our workshops and helps us understand how best to assist you.



We have observed with great excitement that, when incorporated into a workshop, networking and information sharing between programs is an invaluable tool that builds extended communities and support networks.

For this reason we created the Community Connect workshop. These sessions have been a great place for you to share your concerns and questions, expertise and innovation, as well as your challenges and success stories. Two additional, more formal workshops we plan to offer were, in part, created as a result of discussions that emerged at Community Connects. We look forward to sharing tools, resources and strategies in “Building Blocks to Simplify Your SNP” and “Building Blocks to Volunteers” in the near future.



Throughout April and May we will hold our annual Coordinator and Volunteer Training and Appreciation events. These are our largest workshops of the year and they take a different shape than those already mentioned. We will share inspiring ideas, showcase the talents of culinary arts students of host sites, celebrate the highlights of the year, and collect your ideas for next year’s workshops so we may tailor them to your needs.

For information on upcoming events and workshops, check out the SNT Website Events page:

<http://www.studentnutritiontoronto.ca/upcoming-events.html>

Questions? Contact your Community Development Animator for more information.

Volunteer Appreciation Week

April 23-29, 2017 is National Volunteer Week. Please remember to take some time to recognize and appreciate the individuals who contribute to the success of your program.



FreshCo SNP Program

Curious to learn more about the FreshCo SNP Program?

What is it?

- The FreshCo Student Nutrition Program is a partnership between Ontario Student Nutrition Program agencies and FreshCo, offering a discount for SNP purchases.
- Student Nutrition Programs (SNP) can shop at their local FreshCo store and receive a 5% discount on purchases over \$50. SNPs connect with their local store owner to pre-order items and open in-store charge accounts.

Advantages:

- 5% discount on the entire purchase (minimum purchase \$50).
- Opportunity to develop purchasing plan that works for your SNP.
- Easy financial tracking & reporting with an in-store account
- Accepts FreshCo Gift Cards

How to get involved:

Any SNP operating within Toronto is eligible to participate in the FreshCo SNP Pilot Program. Contact us to learn more about this opportunity.

For more information contact:

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St. Elizabeth Seton Launches their Student Nutrition Program

A new program has launched, bringing healthy food to more students in our city. St. Elizabeth Seton Catholic School brought together staff, parents and volunteers to launch a new Morning Meal program. On their first day, students enjoyed fresh fruit salad, cheese and whole grain crackers. Keep up the great work!



Want to learn more?

www.studentnutritiontoronto.ca ~ 416-394-7253 ~ info@studentnutritiontoronto.ca